

A GUIDE TO INFANT CPR

St John Ambulance NSW

1. Compressions

Place index and middle finger on the centre of the infants chest

Push down 1/3 of the chest

2. Breaths

Place your lips over the mouth and nose of the infant

Blow steadily, watch for chest rising

3. Effective CPR

30 compressions: 2 breaths

Continue until medical help arrives or infant begins breathing



www.stjohnnsw.com.au



IMPORTANT INFORMATION

St John Ambulance NSW

Key contacts

Allergies

Other information

www.stjohnnsw.com.au

